

	OHS MANAGEMENT SYSTEM Fall Protection Plan			Document number: 616-3354-FORM-APQ
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Here are the steps to follow in the event of a fall in a harness.

VICTIM	WITNESS	PATROL OFFICER	HARBOUR MASTER'S OFFICE
If you fall in a harness	If you witness a fall in a harness	If someone falls in a harness	If someone falls in a harness
<ol style="list-style-type: none"> 1. Get your bearings and don't panic. 2. Call or contact the Harbour Master's Office (418-648-3556) immediately if you are able to do so, and provide the following information: <ol style="list-style-type: none"> a) Location of incident (Wharf 102) b) Nature of incident (fall in a harness) c) Time of incident 3. If you're alone, whistle or shout to alert someone. 4. Deploy the trauma safety straps and remain in an upright position. 5. Try to pump and move your legs frequently to maintain blood circulation. 6. Stay calm and regularly take deep breaths. 7. Wait for help. 	<ol style="list-style-type: none"> 1. Use your radio or cell phone to alert the Harbour Master's Office (418-648-3556), and provide the following information: <ol style="list-style-type: none"> a) Location of incident (Wharf 102) b) Nature of incident (fall in a harness) c) Time of incident d) Conscious or unconscious 2. If possible and height permitting, use the appropriate equipment to perform a safe rescue. 3. Try to verbally communicate advice to the victim to help them get out of suspension. 4. Stay in verbal contact with the victim and watch for any change in condition. 5. Remain available in case the rescue team has any questions. 	<p>Once on site:</p> <ol style="list-style-type: none"> 1. If possible and height permitting, use the appropriate equipment to perform a safe rescue. 2. Try to verbally communicate advice to the victim to help them get out of suspension. 3. Stay in verbal contact with the victim and watch for any change in condition. 4. Assist emergency services by containing curious onlookers, among other things. 	<ol style="list-style-type: none"> 1. Notify emergency services (911). 2. Send a patrol officer to the site. 3. Notify the manager on duty. 4. Position the camera to keep the victim in view. 5. Notify the internal alert network. 6. Stay in contact with the patrol officer.